

Instructions:

This assessment will help you determine your learning style.

سيساعدك هذا الاختبار على تحديد أسلوبك في التعلم.

Part I: Concrete Experience vs. Abstract Conceptualization

الجزء الأول: التجربة الملموسة مقابل التجريد والمفاهيم

Statment
Choice
1. I prefer ... أنا أفضل
☐hands-on learning experiences. التعلّم من خلال التجارب التطبيقية ☐...earning through thinking and reasoning. التعلم من خلال التفكير والاستدلال
2. I tend to ... أنا أميل إلى
☐ely on feelings when making decisions. الاعتماد على المشاعر عند اتخاذ القرارات ☐ely on logical reasoning when making decisions. الاعتماد على الاستدلال المنطقي عند اتخاذ القرارات
3. I learn more effectively from ... أتعلم بشكل أكثر فعالية من
☐ly peers. أقراني ☐ly teachers, mentors, managers. معلمي، مديري، مرشدي

4. I like learning through...

أحب التعلم من خلال

☐ Simulations.

المحاكاة

☐ Lectures.

المحاضرات

5. I learn well by...

أتعلم جيدًا من خلال

☐ Practical experience.

التجربة العملية

☐ Applying theories to hypothetical situations.

تطبيق النظريات على حالات وهمية

6. I am best at learning...

أنا أفضل في تعلم

☐ Facts.

الحقائق

☐ Concepts.

المفاهيم

Part II: Active Experimentation vs. Reflective Observation	
الجزء الثاني: التجربة النشطة مقابل الملاحظة الانعكاسية	
Statment	Choice

1. I learn best through...
أتعلم بشكل أفضل من خلال

- ☐Active involvement in projects.
المشاركة النشطة في المشاريع
- ☐Observation.
المراقبة

2. I would rather...
أفضل

- ☐Do volunteer work with disadvantaged youth.
العمل التطوعي مع شباب من فئة بسيطة ومهمشة
- ☐Read about disadvantaged youth.
اقرأ عن شباب من فئة بسيطة ومهمشة

3. I prefer assignments that...
أفضل تنفيذ المهام التي

- ☐Require me to do it based on examples.
تطلب مني حلها من خلال اتباع نموذج أو مثال
- ☐Require me to do it based on my thinking about specific situations.
تطلب مني حلها من خلال التفكير في مواقف معينة

4. I learn well through...
أتعلم جيداً من خلال

- ☐Participating in a discussion.
المشاركة في مناقشة
- ☐Listening to what others have to say.
الاستماع إلى مناقشة وآراء الآخرين

5. I tend to...

أقبل إلى

☐ Jump right in and do something new.

الإندفاع وتجربة شئ أو طريقة جديدة

☐ Think about possible outcomes before trying something new.

التفكير في النتائج المحتملة قبل تجربة شئ جديد

6. I learn best...

أتعلم بشكل أفضل

☐ By doing.

بالممارسة

☐ Watching and then reflecting.

بالمشاهدة ثم التفكير والتأمل فيما حدث

Submit



Fadi Wassef

Junior Career Coach

350 EGP/Session

BIO

Fadi Wassef is an accomplished business owner with extensive experience in the retail industry. He has a proven track record of successfully managing and growing businesses while providing excellent customer service. Fadi's skills in communication have been honed through his years of experience working face-to-face with customers and interacting with suppliers and employees. He has also developed a keen eye for operational and planning excellence through his continuous

improvement of business models.

Fadi has extensive experience in warehouse operations and management, ensuring that supplies and inventory are always in stock. He is a highly skilled entrepreneur and possesses fluent language skills, including French, which has opened doors for him to work with the French Embassy.

Fadi is a highly motivated and passionate individual who is dedicated to constantly seeking new ways to improve himself and his business. He has trained many young people on various topics, delivering interactive and engaging training programs both in-classroom and online. As a trainer for the UCCD program with Aspire, Fadi has served over 2000 hours of training, with an average of 1000 students trained. He has also worked as a trainer/facilitator with Aspire in team-building activities for corporate clients.

Fadi's expertise, dedication, and passion have helped him to achieve great success in his business and in his role as a trainer and facilitator. He is committed to helping others achieve their goals and to making a positive impact in the world.

Fadi is also a certified career coach who has worked with clients from various backgrounds and industries. He helps them discover their skills, talents, and interests, and explore their full potential, enabling them to make better-informed career decisions and excel in their chosen fields. Fadi is skilled in guiding clients through healthy career shifts and identifying the best and most suitable career paths for them.

His passion for empowering others to succeed and his ability to help individuals unlock their potential has earned him a reputation as a highly sought-after career coach. Fadi's dedication to his clients' success is evident in the positive feedback he has received from those he has worked with, who have praised him for his professionalism, empathy, and personalized approach to coaching.

SCHEDULE A COACHING SESSION

Fadi Wassef Coaching Session

EGP350.00 60 minutes

Your browser must support JavaScript in order to schedule an appointment.

Book Now

Category: [Appointments](#)



SALLY FARAG

Senior Career Coach

BIO

With over 15 years of extensive experience in Human Resources, Human Capital Development and Consulting within different business areas at multinational and local companies in Egypt, Sally Farag is a certified Thomas International Assessor who has managed multiple assessment and development centers as well as setting development tracks using different tools & techniques for all staff, managerial levels & executives, as well.

ACHIEVEMENTS

- Provided Coaching sessions one to one to various layers with a focus on formulating the Individual Development Plans.
- Designing development tracks and managing development plans for employees with diverse cultures and field of expertise.

HISTORY

2014 -Present	Human Resources and Business Development Consultant Freelance
2016- 2018	Human Resources Assistant Manager NI Capital Holding – Egypt
2014 – 2016	Resident Advisor Language assistant Dutch Ministry of Economic Affairs
2010 – 2014	Senior Learning and Development Consultant – Regional EFG- Hermes Holding
2007 – 2010	In-house Trainers Head Commercial International Bank

SAMPLE PROJECTS

- Designing Individual Development Plans
- Promotion & Development Assessment Centers
- Call Center Development Program
- Establishing Human Resources department
- Human Resources and business development consulting

CERTIFICATIONS

- Certified DICS Assessor -Thomas International™
- Career Coaching
- Mastering Professional Consultancy
- Human Resources Management Diploma

SCHEDULE A COACHING SESSION

Mina Amir Coaching Session

EGP650.00 60 minutes

Your browser must support JavaScript in order to schedule an appointment.

[Book Now](#)

Category: [Appointments](#)

[Home](#) [5 test](#)

Application Form

Career Coaching Certificate Program

Career Coaching Certificate Program

• A. Curriculum Components

- Introduction to coaching, differentiating it from training, counseling and therapy
- Clear understanding of the role of an effective coach
- Profound understanding and application of the 8 ICF core competencies for coaching in the following 4 main areas:
 - Foundation (Demonstrating ethical practice, Embodying a coaching mindset)
 - Co-creating the relationship (Establishing and maintaining coaching agreements, cultivating trust and safety, maintain coaching presence)
 - Communicating effectively (listening actively, evoking awareness)
 - Cultivating learning & Growth (facilitating client growth)
- Training the participants on running actual coaching sessions using coaching techniques, in the form of role plays throughout the school
- Provide knowledge on career coaching through well-known theories and models in addition to learning how to apply them in the different coaching sessions.
- Practice the use of 5 different widely used tools in facilitating the exploration and learning for clients in coaching sessions

B. Program requirements

- Bachelor Degree
- Minimum 2 years working experience

C. Program Time & Place

- Total program Duration: 110 hours
- Frequency of sessions: twice a week
- Blended delivery of classes: combination of online and physical.
- Timing of each session: Sundays from 6 to 10 pm /Tuesdays from 6 to 10 pm
- Next round of coaching school: starts Oct 2nd and ends Dec 20th 2022

• D. Program Rules & Regulations

The participant will not receive a certificate if any of the following incidents occurred:

- Absence exceeds 6 hours
- Any of the homework is not delivered on time
- Score of the final exam is lower than 75%

E. Personal Information

- Name*
 -
- Email*
 -
- Phone Number*



Vision of being a coaching provider

To coach individuals, through a journey of self exploration, to reach their career aspirations, realize their life-time purpose and inspire deep lasting transformation in the Egyptian community by helping students in the educational sector or adults in their organizations.

Mission of being a coaching provider

To deliver unrivaled integrated experiences in every career coaching class we implement, using a unique methodology combining knowledge, experience & innovation.



Statement on Ethics, Integrity & Transparency

Aspire's values are providing the following for its clients: Impact, constant improvement, collaboration, daring to be different, accountability & service. Aspire ensures that implementing these values especially in career coaching services is done with strict alignment to ICF code of ethics, providing a high level of integrity and transparency in client relations and in dealing with unexpected and extraordinary situations that might arise. This will ensure that Aspire provides this service in a professional and safe environment; allowing its clients to learn and grow, enabling them to reach their maximum potential.

About The Coaches



Tamer Isaac
Senior Career Coach



Abeer Iskander
Senior Career Coach



Mina Amir
Senior Career Coach

School Objectives

- Understand how to become an effective coach and how does that compare to a counselor, trainer or psychiatrist.
- Understand and apply ICF ethical standards during coaching sessions.
- Learn how to help the client clarify the coaching goal and manage expectations of the coaching relationship.
- Learn how coaches should continuously develop themselves to serve their clients better.

